



# WHAT'S THE TEE?

**December 2024**

**Editor:** Patti Beck

**Website:** <http://www.hg-wga.com>

**Facebook:** Huntersgreenwomensgolfassociation

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## PRESIDENTS MESSAGE

Our season is well under way and I want to take a moment to highlight the way our favorite sport contributes to our overall wellness. Not just a game but a pathway to better health- both mentally and physically.

Walking the course, swinging the club during the round can strengthen our muscles and increase flexibility. Beyond the physical benefits, golf offers us a unique opportunity to unplug from daily stresses and immerse ourselves in nature. Mentally, the game challenges us to stay focused, patient and calm under pressure- qualities that enhance our resilience off the course as well. The friendships we share are equally important, fostering social connections that uplift us.

According to the Alzheimer's Caregivers Network, the six pillars of reducing your risk of Alzheimer's are: regular exercise, social engagement, mental stimulation, a nutritious diet, quality sleep and stress management. Golf engages at least four of these pillars.

So this season, let's not just play for the scorecard- let's play for health. Please join us in playing the Charity Classic on December 4 in support of the Alzheimer's Association.



**Birdies, Pars and Friends!**

*Kelly Dumaresque*  
*President*

## VICE PRESIDENT'S MESSAGE

Hello Ladies!

It has been a great start to the fall with fun games, tournaments and new faces! As we look forward to the Holiday Season, we have the Charity Classic on the 4th and the Silver Belles Tournament on the 11th coming up quickly. The Charity Classic will benefit the Alzheimer's Association and is open to all members of the club—please come out and encourage non-WGA members (both men and women) in supporting this great cause!

We are excited to start the season long Doubles Match Play tourney. So far, we have 9 teams signed up to play, but there's plenty of room for more. The brackets with the matchups & schedule will be coming out next week. There will be approximately 3 weeks (a little longer during the holidays to accommodate travel) in each bracket to schedule & play your match. If you have questions, talk to me, a board member or Paul. To sign up please email myself at [hlmcleish@gmail.com](mailto:hlmcleish@gmail.com) with you and your partner's phone numbers.



**Hit 'em straight and far!**

*Heather McLeish*  
*Vice President*



## DECEMBER MEMBER SPOTLIGHT!



**Trisha Blake**

**Family:** Happily solo. Proud pet parent to Dakota, a 6-year-old Australian shepherd, and Butler, a 3-year-old tuxedo cat. My mom, Teresa "Linda" Palado, is my favorite golf partner in the 9-hole league.

**From:** Las Vegas native, now calling Tampa home after a stop in San Diego.

**Hobbies:** Traveling, yoga, animal rescue, reading, and golf.

**Career:** CMO of Forgotten Wild, Managing Partner of GoldPhish, and CEO of Minus Ego. I hold a Master's in Science from San Diego State University.

**Goals:** Two rounds of golf per week—no excuses!

Thrilled to share my passions with this amazing community! 🏌️

## PEARL KAMIKAZE



## ADDITIONAL LEAGUES

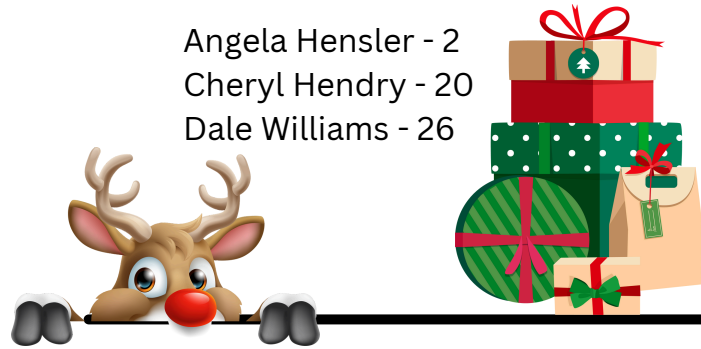
(Details on WGA website)

**9 - Hole:** Rhonda Lyons - [wga9holeleague@gmail.com](mailto:wga9holeleague@gmail.com)

**Saturday:** Pat Lofaro - [wgasaturdayleague@gmail.com](mailto:wgasaturdayleague@gmail.com)

## HAPPY DECEMBER BIRTHDAY!

Angela Hensler - 2  
Cheryl Hendry - 20  
Dale Williams - 26



## GOLF RULES ETIQUETTE

Etiquette is an important aspect of a golf game that helps maintain a respectful and enjoyable atmosphere on the golf course. Avoid distracting the other players on the course. Stay quiet and still while others are preparing and making their swings. Be aware of what's around you and avoid unnecessary noise or movement that could disrupt other players' concentration. Control your conversations when approaching the tee box or another golfer preparing to swing.

*Rules and Handicap Committee*

*Mary Hughes*

## A PERFECT STOCKING STUFFER

Heather introduced us to the Vegas Golf game which is perfect for all levels of golfers. You only need one game per four-some. You start with no chips and the goal is to collect the most positive "red" chips and avoid the negative chips.

Check it out. Of course Amazon sells it!





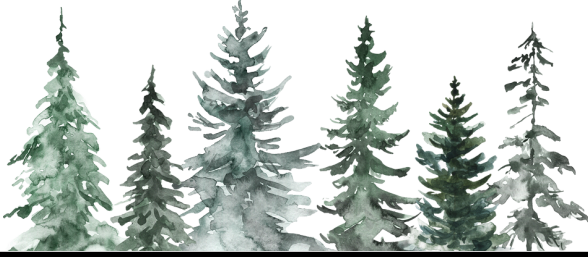
## TEE TIME



How often are you really having fun on the golf course? I hope your answer is all the time. Playing with confident thoughts helps you to keep your challenges in perspective and focus on the shot. When you have confidence, you can have a lot of fun. And when you have fun, you can do amazing things!

May the course be with you.

*Jill Wickliffe*  
*Membership Chairperson*



## CONGRATULATIONS TO OUR MEMBER

*Amy Hull*



**Amy was honored as the  
Lightning Community Hero**

**The \$50,000 Lightning Foundation grant will be  
donated to The Lamplighters and FARA**

## KODAK MOMENTS

*Classy & Chic!*



**Elaine Jones & Mary Jones**



Please let me know if anyone needs a card from the WGA.

Thank you for your help!

*Sunshine Committee*  
*Christine Maestri*



## “YOU DID WHAT?”

Congratulations Rhonda on your 1st “chip in” bogie on #12. Way to go girl!! There will be many more to come!

Whether it’s your 1st par, birdie, eagle or hole-in-one, breaking 100, 90 or 80, we want to celebrate all of your accomplishments.



Please email Patti with your exciting news.

## WEDNESDAY SUPERSTARS!

### **WHACK & HACK**

**November 6**

#### **Low Net**

Marietta Walsh  
Peggy Jennings  
Heather McLeish

### **TROUBLE**

**November 27**

**1st - Nancy Sinkler**

**2nd - Mary Jones**

## DECEMBER EVENTS

**December 4: Charity Classic**

**December 11: Silver Bells**

**December 18: Skins**



**SIGN UP: [www.hg-wga.com](http://www.hg-wga.com) and click the Golf Genius tab**



# 2024 Member Guest Tournament

*Congratulations to our Champions!*



**Low Gross Champions**

*Ann Carlson & Christine Maestri*



**Low Net Champions**

*Nikki Spirakis & Tara Skendziel*







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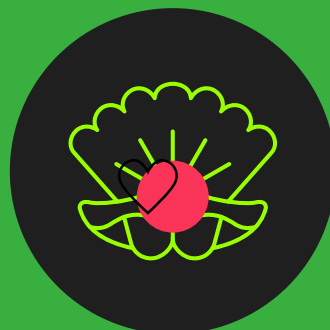
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**Merry Christmas**